



FARNHAM ROAD CLUB



Open Middle Markers 25 Mile Time Trial

Sunday, 22nd August 2021, Start 7.30am

Course H25/8

START SHEET



Event Headquarters	
Farnham Town Football Club Mead Lane Farnham Surrey GU9 7DY	This is a new HQ for Farnham Road Club. The entrance to the Football Club down Mead Lane is very narrow so please take care. Parking is also available at the Farnham Memorial Hall and you can walk through the footpath to and from the Football Club (it only takes two minutes). The Farnham Town FC are providing refreshments so please support them.
Time Keepers	Event Secretary
Jim Brown, Farnham RC Mike Rice, Farnham RC Nigel Bicknell Alton CC	Paul Charman - Mobile 07725 825970 Home 01420 475709 E mail charmanpaul@hotmail.com

Awards (Per Team)

Category	1st	2nd	3rd
Men	20	18	13
Women	20	18	13
Juvenile / Junior	20	18	13

Fastest Vet 40-49	13		
Fastest Vet 50-59	13		
Fastest Vet 60-69	13		
Fastest Vet 70-79	13		
Fastest Vet 80-99	13		

Welcome to the Farnham Road Club Middle Markers event. Unfortunately we had to return many entries in our June event as it was heavily oversubscribed. This showed us that there is a healthy appetite for riding the H25/8 so we managed to squeeze in another open event.

COVID PRECAUTIONS – PLEASE TAKE CAREFUL NOTE

The following precautions have been introduced to protect yourself and members of Farnham Road Club who are staging this event – please note the following:

- You should not attend or ride the event if you feel ill in any way or if a family member has any symptoms.
- An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go to the start line if you feel this is the case and notify the organiser of your intention not to start as a result of an adverse warmup.
- Numbers will be available at the HQ Farnham Town Football Club where you will sign on. Please maintain social distance whilst waiting to collect your number and sign on and at the start.
- It is strongly advised that you carry a mobile phone and take my number (Paul Charman 07725 825 970) with you. Please telephone me if you fail to finish the event.

How to get to the start from the Race HQ (Approx 5 minutes riding time):

From Farnham Town Football Club turn left at the top of Mead Lane. Proceed to the A31 and the Coxbridge Roundabout. Stay off the tri bars when circling the roundabout. Take the third exit toward Alton on the A31. Ride for two miles to the top of the hill and the start lay-bye.

When you have finished the event continue to the Coxbridge Roundabout. Stay off the tri bars whilst on the roundabout. Take the first exit toward Farnham Town Centre. Take the right turn into Mead Lane and return to the Farnham Town Football Club.

For and on behalf of Cycling Time Trials under their rules and regulations

Course Description:

Start at a point in the lead out onto the A31, from the lay-by on the south side at the start of the Bentley by-pass approximately 800 yards west of The Bull public house on the north side of the A31, 10 yards short of the last road drain at the lay-by exit (western end) Join the A31 (care) and proceed along the Bentley by-pass through Froyle and Neatham to the Holybourne roundabout (Turn) Circle the roundabout (M1, M2, M3) (Check) and take the third exit back onto the A31 to retrace, going through Froyle and along the Bentley by-pass to continue past the Bull to the Farnham roundabout at the junction with the A325 (Turn) Circle the roundabout (M4, M5, M6) (Check) and take the fourth exit back onto the A31 to retrace past the start point (14.294 miles) to go along the Bentley by-pass to the Holybourne roundabout (Turn) Circle the roundabout (M1, M2, M3) (Check) and take the third exit back onto the A31 to retrace, going through Froyle and along the Bentley by-pass to continue past the Bull (24.405 miles) to a point 70 yards beyond the county boundary line and 23 yards beyond the start of a tarmac path on the north side where finish.

Marshalls referred to in this course description (M1, M2) etc may be provided solely to indicate the course direction. They have no role whatsoever in the risk assessment itself.

Important information – please take the time to read carefully

ATTENTION ALL COMPETITORS

Please note that all competitors are now required personally to sign the signing out sheet when returning their number. Failure to do so will result in the competitor being recorded as DNF.

The dual carriageway of the A31 reduces to a single lane at a point approximately four miles from the start point. The right hand lane is cross-hatched for a distance of 400yds to finish at a point opposite the Petrol Filling station just beyond the “Hen and Chickens” PH situated on the North side of the A31.

Returning from the Holybourne Roundabout on the North side the road reduces to a single lane by road cross-hatching on the right hand lane commencing 200yds before the junction to Mill Court on the south side and finishing adjacent to the “Hen and Chickens” PH on the North side.

Competitors are to act in a manner appropriate to competing on a single lane carriageway whilst within the restrictions imposed by the cross hatched area.

DC regulations

Restriction of parking at the Start and Finish

LWDC 2: No vehicles, except those of the timekeepers, shall be parked at the start or finish

Use of Tri-Bars on Coxbridge (Farnham) Roundabout

LWDC4 Riders must negotiate Coxbridge (Farnham) roundabout in a safe and sensible manner in accordance with CTT Reg 20 and the rules of the road. Riders must be able to brake and stop if traffic conditions require this. Riders **MUST NOT** approach and encircle the roundabout using tri-bars. Any rider seen to be in breach of this regulation will be disqualified from the event and may be reported for further disciplinary action.

Reporting of breaches of local Regulations

LWDC 5: All breaches of Local Regulations shall be reported in writing to the London West District Secretary

Local Regulations : Riders must not cross the central reservation unless using one of the specific breaks in the reservation for that purpose

Cycling Time Trials and Farnham Road Club strongly advise the use of a hard shell helmet meeting internationally approved safety standards. You must also use a rear light.

Number	Start Time	Name		Club	Gender
1	07:31	Richard	Williams	Farnham RC	Male
2	07:32	Derek	Dowden	Hampshire Road Club	Male
3	07:33	Robert	Royle-Evatt	Addiscombe CC	Male
4	07:34	John	Froud	Festival Road Club	Male
5	07:35	Robert	Durnford	Paceline RT	Male
6	07:36	Adam	Roud	Cycle Club Basingstoke	Male
7	07:37	Mike	Anderson	CC Moncontour	Male
8	07:38	David	England	Crabwood Cycling Club	Male
9	07:39	Stuart	Payne	Central Sussex CC	Male
10	07:40	Matt	Hill	Velo Club Godalming & Haslemere	Male
11	07:41	Stuart	Peckham	Velo Club St Raphael	Male
12	07:42	Colin	Toppin	Worthing Excelsior CC	Male
13	07:43	Ali	Walters	Velo Club Godalming & Haslemere	Female
14	07:44	Paul	Beck	Hampshire Road Club	Male
15	07:45	Ben	Brandon	Team Bottrill	Male
16	07:46	Richard	Payn	34 Nomads CC	Male
17	07:47	Michelle	Walter	Bournemouth Arrow CC	Female
18	07:48	Andrew	Bigwood	VTTA (Surrey/ Sussex)	Male
19	07:49	Rosslyn	Young	Serpentine Running Club	Female
20	07:50	Stuart	Hourigan	34 Nomads CC	Male
21	07:51	Alan	Allcock	Didcot Phoenix CC	Male
22	07:52	Lee	Beckford	Reading CC	Male
23	07:53	Andrew	Lock	Worthing Excelsior CC	Male
24	07:54	Bruce	McMichael	Hounslow & District Whs	Male
25	07:55	David	French	Weybridge Wheelers	Male
26	07:56	Peter	Main	34 Nomads CC	Male
27	07:57	Chris	Hopkinson	Team Hoppo	Male
28	07:58	Christopher,	Rosam	Epsom CC	Male
29	07:59	Jeremy	Tucker	Fareham Wheelers CC	Male
30	08:00	Andrew	Thomas	...a3crg	Male
31	08:01	Martin	Beale	Velo Club St Raphael	Male
32	08:02	Adam	Quilter	High Wycombe CC	Male
33	08:03	Laura	Paine	Socks4Watts Race Team	Female
34	08:04	Ian	Knight	Andover Wheelers	Male
35	08:05	Adam	Dart	GS Mossa	Male
36	08:06	Kieran	Boyd	Reading CC	Male
37	08:07	Paul	O'Driscoll	Team Swindon Cycles	Male
38	08:08	Gemma	Hayes	1904RT	Female
39	08:09	Chris	Summers	Sotonia CC	Male
40	08:10	Mark	Bashford	East Grinstead CC	Male
41	08:11	James	Stone	Brighton Excelsior CC	Male
42	08:12	Pete	Wilson	Bournemouth Arrow CC	Male
43	08:13	Paul	Cannon	Epsom CC	Male
44	08:14	Peter	Horsfield	Redmon CC	Male
45	08:15	Jon	Hughes	Velo Club Godalming & Haslemere	Male
46	08:16	Richard	Llewellyn	Imperial Racing Team	Male
47	08:17	Matthew	Butler	Charlottesville Cycling Club	Male

48	08:18	John	Allen	Redmon CC	Male
49	08:19	Roger	Hutchings	Lewes Wanderers CC	Male
50	08:20	Andy	Critchlow	Norwood Paragon CC	Male
51	08:21	Tim	Lewis	Ful-on Tri	Male
52	08:22	Matt	Lelliott	Severn Road Club	Male
53	08:23	Peter	Iffland	Chippenham & District Wheelers	Male
54	08:24	Peter	Noble	Epsom CC	Male
55	08:25	David	Walters	Velo Club Godalming & Haslemere	Male
56	08:26	Ray	Sullivan	Metropolitan Police Cycle Club	Male
57	08:27	Graham	Pepperdine	Verulam CC	Male
58	08:28	Robert	Jolliffe	New Forest CC	Male
59	08:29	David	Hodsman	Dulwich Paragon CC	Male
60	08:30	Michael	Nagi	Wokingham Cycling Club	Male
61	08:31	Lizi	Duncombe	Socks4Watts Race Team	Female
62	08:32	Ben	Wilkin	Chiswick Cycling Club	Male